

## **DEPARTMENT OF PERIODONTOLOGY**

**GOVT. COLLEGE OF DENTISTRY,**

**INDORE**

### **REPORT OF ORAL HYGIENE DAY PROGRAMME: 01<sup>st</sup> AUGUST 2024**

Department of Periodontology, Govt. College of Dentistry, Indore has organized a Oral Hygiene Day programme on “Importance of Periodontal Health on Systemic health”. This programme included three activities; First one was Patient Awareness Programme which was held in OPD from 9am to 12pm. This included education and demonstration of correct tooth brushing techniques and importance of maintaining good oral hygiene followed by distribution of mouthwashes, toothpastes and gumpaints. The second activity was a lecture by Dr Ruchi Banthia, Professor and Head, Dept. of Periodontology, Modern Dental College and Research Centre, Indore on the topic “Oral Hygiene: an underrated entity” for third year, final year and intern students of BDS. The last activity was a Quiz competition for the students.

The inauguration of programme was done by Dr Sandhya Jain (Principal, Govt. College of Dentistry, Indore), Dr. Madhu S. Ratre (Professor and Head, Dept. of Periodontology) and Dr Jaya Joshi (Professor and Head, Dept. of Oral Pathology and Microbiology). More than 100 participants had attended the programme. The programme conduction was done by Dr Shaleen Khetarpal, Dr Manish Verma, Dr Parul Jain and Dr Shruti Bakliwal. Vote of thanks was delivered by Dr Parul Jain. The programme was a huge success. The knowledge and information shared in this platform was of immense importance for students and highlighted the significance of daily oral hygiene practices on systemic health.